

## Menopause Sleepwear and Pajamas for Better Sleep

Contributed by Webmaster  
Sunday, 07 March 2010  
Last Updated Sunday, 07 March 2010

Certain types of fabrics, both synthetic and natural, are more comfortable for those experiencing night sweats and hot flashes.

Dozens of clothing designers now have entire lines of menopause sleepwear and pajamas. Shop for menopause pajamas at [www.MenopausePajamas.net](http://www.MenopausePajamas.net).

Whether you are looking for bamboo fabrics or synthetic wicking fabrics, you will find many choices at <http://MenopausePajamas.net>.

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